

ESSAY

Theme of final qualifying work: Formation of feeling of psychological safety at younger teenagers in educational institution.

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Information about the organization-customer: school number 30 of Pyatigorsk.

Relevance of the research topic: Psychological safety is one of the components of the global security of the individual, the state and society as a whole. The awareness of the problem of psychological security in the Russian Federation in its entirety began only in the last decades. Many researchers emphasize the low level of security and psychological and pedagogical support for students in general education schools and the urgent need of society to actively develop the problem of psychological security at the state and personal levels. The most promising way of implementing practical programs for psychological support of students is the development of theoretical and methodological foundations, the experimental study of the conditions and criteria for assessing the state of safety and security of the educational environment, the development of practical programs for accompanying students diagnosing a violation of the sense of psychological security.

Objective: to study the conditions for the formation and provision of psychological security in adolescents in an educational institution.

Tasks:

1. To analyze and systematize available theoretical and practical research on the problem of psychological security in an educational institution.

2. To develop a research program and diagnose the psychological safety of the educational environment and the feelings of psychological safety in adolescents.

3. To conduct a comparative analysis of the psychological safety of adolescents with a high and low level of their manifestation.

4. To develop a project of the Center for Psychological Security for an educational institution with the aim of creating and maintaining an atmosphere of psychological safety for students.

Theoretical and practical significance of the research: The problem of psychological safety in modern psychology, being one of the most young directions, requires theoretical and methodological developments in the analysis and evaluation of the security of the individual. In the thesis there is presented a theoretically grounded program of research of personal psychological safety of adolescents.

Results of the study: Groups of adolescents with a positive attitude, with a neutral and negative attitude toward the educational institution, differ significantly in terms of indicators: neuropsychic tension, involvement, control and vitality, as well as in terms of: adaptation and emotional comfort.

Recommendations: In order to create and monitor a safe and psychologically safe atmosphere in an educational institution, it is proposed to create an official unit: the Center for Psychological Security.