

Abstract

Theme of the final qualifying work: Influence of the style of child-parent interaction on the formation of the psychological security of a teenager's personality

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Relevance of the research topic: Psychological safety is a phenomenon without which harmonious development of the personality, its full functioning, realization of creative potential, etc. is impossible. Psychological security of the person is a condition that ensures the harmonious development of the personality and adequately reflects external and internal threats to her mental health. In addition, the psychological security of the individual implies its freedom from psychological violence, the ability to meet social needs.

Objective: to study the influence of the type of child-parent relationships on the psychological security of teenagers.

Tasks:

1. Systematize and analyze available practical and theoretical research on the problem of psychological security of the individual in adolescence.
2. To analyze the types of child-parent relationships presented in domestic and foreign literature.
3. To develop a research program for the type of child-parent relationships and psychological security of adolescents' personalities.
4. With the help of psychodiagnostic techniques, to reveal the level of psychological security of adolescents, depending on the type of child-parent relationships.

5. Develop group sessions with adolescents aimed at building a sense of psychological security.

Theoretical and practical significance of the research: theoretical results of the research will be useful for the formation and implementation of an effective state policy to ensure the psychological security of the person. Practical conclusions will be of interest to specialists in security, psychology and political science.

Results of the study: Significant differences in a number of indicators of psychological safety (monotony, fatigue, stress, neuropsychic stress, denial, intellectualization, control, risk taking, vitality) among adolescents from families with positive and negative child-parent relationships were revealed.

Recommendations: Adolescence is vulnerable in terms of creating a sense of psychological security, i.e. Adolescents face a wide range of situations that can affect their psychological safety, special events are needed that will inform and teach adolescents to endure adversity and difficulties.